

Recommended dosage for Protocol[®] users

Protocol is a liquid with sediments that sink to the bottom of the bottle. It must therefore be shaken vigorously. Mix 1/4 teaspoon (1.25 milliliters) with about 1 dl water. Possible overdose is absolutely harmless.

Protocol[®] (23)

Take Protocol[®] 23 five times a day. For example:
07:00, 11:30, 16:00, 20:30 and 02:00.

Protocol[®] (50)

Protocol 50 is taken four times a day. For example:
06:00, 12:00, 18:00 and at midnight.

Protocol 23 and 50 react in different ways and at different rates for each individual, depending on, amongst other things, and individual's lifestyle, body chemistry and medical history.

Be sure to never let the dosage interval be more than six hours.

Make sure that you drink 1 to 1,5 liters of water per day, to keep your body flushed.

In your diet you should minimize and eliminate all types of carbohydrates. "Cancer lives on sugar".

Your diet and Protocol[®]

Some supplements should not be taken with Protocol[®]. This includes Vitamin C in larger amounts than the recommended daily requirements of 60 mg. Overdose of Vitamin C is believed to be a reason why Protocol[®] does not work in some cases. Foods rich in vitamin C such as peppers, broccoli, brussels sprouts, strawberries, oranges and melon can be eaten in normal proportions. Vitamin E (sunflower and wheat germ has a high content of Vitamin E), Cesium, Coenzyme Q10, N-Acetyl cysteine, Alpha-liquid, and Selenium may affect the activity of Protocol[®]. Do not eat Brazil-nuts; they have extremely high selenium content. Antioxidants of Sulphydryl class, Iodine and Omega-3 fatty acids should also be limited.

Several dietary guidelines can be found described in "Outsmart Your Cancer" and in our client letters.

Comments from user Hans Hindersson:

The dosage times given when to use Protocol is only a suggestion. As a Protocol[®] 50 user, I found it annoying to be awakened between 23:00 and 02:00 when most of us have our deepest sleep period.

The pitfall for me during my first few weeks with Protocol[®] was that I did not shake the bottle enough. I noticed this when there were remaining sediments in the bottle at the end of the second month.

For us users, discipline is outmost important. If you are taking Protocol[®] during vulnerable times, make sure to keep a mini bottle in your car or in your purse as a reserve. Get help from reminders of loved ones, and do not forget the cell phones alarm function. When the alarm signals, you know it is time to take Protocol[®].

How the pipette works:

The Pipette marked from 0.5 to 3 ml in segments of 0.5 ml each. 1/4 teaspoon is equal to 1.25 ml.

Dip the pipette in the Protocol[®] bottle. Be sure that the bottle has been shaken thoroughly.

Press lightly on the top of the "bladder" so that it is pressed halfway, and then release the pressure. This sucks Protocol[®] into the tube. Observe the markings. If it's too much, press lightly so that liquid flows back into the bottle until the level is centered at the mark we've made on the pipette (between 1 and 1.5 ml.).

Is it too little liquid? Push everything back into the bottle and repeat all the steps but press the "bladder" a bit stronger so that more fluid is drawn up into the pipette.



Good luck from Hans Hindersson
MedNature Sweden AB.

Phone: +46 708 721 704. www.mednature.se